

Crown Life Success Tracker - Basic

Time Allocation (in hrs):

Rest/Sleep	
Spiritual Life	
Personal Hygiene	
Family Time	
Fitness	
Work & Travel	
Goals/Reading	
Dining	
Leisure	
TWFOA*	
Total**	

(Input hours in blue areas ONLY)



www.crownlifeseminars.com

*Time With Friends or Associates

Should **always equal 24, 48, 72, etc.

Personal Goals	(List your short-term & long-term goals below)	Success Tracker	(Input/Update data until goals are achieved)		
Short-term:		ST	# of Days Required	Days Completed	Successful (%)
1		1			
2		2			
3		3			
4		3			
5		5			
Long-Term:		LT			
1		1			
2		2			
3		3			
4		4			
5		5			